

We are going to kick off **Blossoms** (www.ohioblossoms.org) starting in January!

Blossoms is a program designed to empower young women ages 9-12 years old.

To limit the cost to the girls, we are asking for the following donations in any amounts!

Material:

Flower Seeds

Yarn

Hole Puncher

Colorful Construction Paper

Felt Pens

Soil

20oz. Foam Cups

Stickers

Poster Paper

Markers

Paper (colored & white)

Scissors

Pens

Glue

Paper

Crayon

Mural Paper

Flip Chart Paper

Colored Index Cards

2" Binder

Radio/CD Player

Poster Board

Magazines

Note Card

Tape

Self-improvement/Inspirational Books (See below)

Contact:

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Books

"Girl's Guide To Becoming A Teen"

American Medical Association . San Francisco, CA :Jossey-Bass, c2006.

"Attitude : How To Be The Coolest Girl You Know : Tips to Help You Deal, Feel, and be real."

McCourt, Lisa. Los Angeles : Lowell House Juvenile, c2000.

"101 Ways To Feel Great About You"

Kauchak, Therese, 1964- Real beauty :. by Therese Kauchak ; illustrated by Carol Yoshizumi.

Middleton, WI : Pleasant Co. Publications, c2004.

"A Girl's Guide To Friendship"

Shaw, Victoria. Best buds: New York: Rosen Pub. Group, 2000.

"Body Talk: The Straight Facts on Fitness, Nutrition & Feeling Great About Yourself!"

Douglas, Ann, 1963- Toronto: Maple Tree Press; New York, NY: Distributed in the United States

by Firefly Books (U.S.) Inc., c2002.

"The Care & Keeping Of You: The Body Book For Girls" Schaefer, Valorie Lee. Middleton, WI:

Pleasant Company Publications, c1998.

"Changing you! A Guide To Body Changes And Sexuality."

Saltz, Gail. New York, N.Y.: Dutton Children's Books, c2007.

"Chicken Soup For The Preteen Soul 2: 101 Stories About Facing Challenges, Realizing Dreams, And Making A Difference." Deerfield Beach, Fla.: Health Communications, c2004.

"Chicken Soup For The Preteen Soul: 101 Stories Of Changes, Choices, And Growing Up For Kids Ages 9-13."

Deerfield Beach, Fla.: Health Communications, c2000.

"The Feelings Book: The Care & Keeping of Your Emotions."

Madison, Lynda. Middleton, Wis.: Pleasant Co., c2002.

"For Girls Only: Everything Great About Being A Girl."

Dower, Laura. New York: Feiwel and Friends, 2008.

"Getting Your Period: A Book about Menstruation."

Marzollo, Jean... New York: Dial Books, c1989.

"Girl In The Know: Your Inside-And-Out Guide To Growing Up." Katz, Anne, 1958- Toronto;

Tonawanda, NY: Kids Can Press, c2010.

"Growing Up: It's A Girl Thing: Straight Talk About First Bras, First Periods, And Your Changing Body." Jukes, Mavis. New York: Alfred A. Knopf: Distributed by Random House, c1998.

"Girl Stuff: A Survival Guide to Growing Up."

Blackstone, Margaret. Orlando: Harcourt, 2006.

"Girl Talk: Staying Strong, Feeling Good, Sticking Together.

Harlan, Judith. New York: Walker and Company, c1997.

"The Girl's Body Book: Everything You Need To Know For Growing Up." Dunham, Kelli.

Kennebunkport, Me.: Applesauce Press, c2008.

"Girls Know Best: Advice For Girls From Girls On Just About Everything." Hillsboro, Or. : Beyond Words Pub. ; [S.I.]: Distributed to the book trade by Publishers Group West, c1997.

"Girls Know Best: Advice For Girls From Girls On Just About Everything." Milwaukee: Gareth Stevens Publishing, 1999.

"Hair in Funny Places: A Book about Puberty."

Cole, Babette. New York: Hyperion Books for Children, c2000.

"Hello Kitty's Little Book Of Big Ideas: A Girl's Guide To Brains, Beauty, Fashion, Friendship & Fun!"

Moss, Marie. New York: Harry N. Abrams, 2001.

"Period. A Girl's Guide To Menstruation With A Parent's Guide."

Loulan, JoAnn. Minnetonka, MN: Book Peddlers, c2001.

"A Smart Girl's Guide to Style: How to Have Fun with Fashion, Shop Smart, and Let Your Personal Style Shine Through."

Cindrich, Sharon. Middleton, Wis.: American Girl, c2010.

"Growing & Changing : A Handbook For Preteens."

McCoy, Kathy, 1945-. New York, NY : Perigee Books, 1987, c1986.

"It's Perfectly Normal : A Book About Changing Bodies, Growing Up, Sex And Sexual Health."
Harris, Robie H Somerville, Mass. : Candlewick Press, 2009.

"The Period Book : Everything You Don't Want To Ask (But Need To Know)." Gravelle, Karen.
New York : Walker & Co., 2006.

"Puberty Girl." Crows Nest, N.S.W. : Allen & Unwin, 2004. Movsessian, Shushann.

"A Smart Girl's Guide To Money : How To Make It, Save It, And Spend It." Holyoke, Nancy.
Middleton, WI : Pleasant Co., c2006.

"A Smart Girl's Guide To Understanding Her Family: Feelings, Fighting & Figuring It Out". Lynch,
Amy. Middleton, WI: American Girl, c2009.

"Talking About Your Weight". Edwards, Hazel. New York: Gareth Steven Pub., 2010.

"Yikes! : A Smart Girl's Guide To Surviving Tricky, Sticky, Icky Situations". Middleton, Wis.:
Pleasant Co. Publication, c2002.

"The 7 Habits of Highly Effective Teens". By Sean Covey

"Hot Issues, Cool Choices! : Facing Bullies, Peer Pressure, Popularity And Put-downs."
Humphrey, Sandra McLeod. Amherst, N.Y. : Prometheus Books, 2007.

"Is This Normal? : Girls' Questions". Middleton, WI : American Girl Pub., c2009.

"Middle School : How To Deal". San Francisco : Chronicle Books, c2005.

"Real Fitness : 101 Games And Activities To Get Girls Going!" Kauchak, Therese, 1964-
Middleton, WI : Pleasant, c2006.

Green, Jen. "Skin, Hair, And Hygiene". North Mankato, MN : Stargazer Books, 2006.

"A Smart Girl's Guide To Friendship Troubles : Dealing With Fights, Being Left Out & The
Whole Popularity Thing". Criswell, Patti Kelley. Middleton, WI : American Girl, c2003.

"Ready, Set, Grow! : A What's Happening To My Body?" Book For Younger Girls". Madaras,
Lynda. New York : Newmarket Press, c2003.

"A Smart Girl's Guide To The Internet: How To Connect With Friends, Find What You
Need, And Stay Safe Online". Cindrigh, Sharon. Middleton, Wis.: American Girl, c2009.